*Please find below links to external websites for your information. MJR Financial Services cannot be held responsible for the content of external websites.*

Bereavement - <https://thenbs.org/>

 [https://www.ageuk.org.uk/leics/our-services/information-and- advice/coping-with-life-changing-events/](https://www.ageuk.org.uk/leics/our-services/information-and-%20%20advice/coping-with-life-changing-events/)

Blind - <https://www.guidedogs.org.uk/getting-support/>

Deaf - <https://bda.org.uk/>

Deaf & Blind - <https://deafblind.org.uk/get-support/>

Debt - <https://www.citizensadvice.org.uk/debt-and-money/help-with-debt/>

 <https://www.moneyadvisor.co.uk/help-with-debt/debt-help-p/>

Dementia - <https://www.dementiauk.org/>

Domestic Violence -

 Women & Children - <https://www.refuge.org.uk/>

 Men - <https://mensadviceline.org.uk/>

Mental Health -

Anxiety - <https://www.anxietyuk.org.uk/>

Depression - <http://depressionuk.org/>

Drugs & Alcohol - <https://www.wearewithyou.org.uk/>

Stroke - <https://www.stroke.org.uk/>

Samaritans - <https://www.samaritans.org/>

Victim Support - <https://www.victimsupport.org.uk/>